

UPCOMING PROFESSIONAL ENRICHMENT PROGRAM FOR SPIRITUAL DIRECTORS

May 16, 2018, 10 AM - 3 PM
Presenter: Lucy Abbott Tucker



Supervision: Tools for Growing as a Spiritual Director

PURPOSE OF PROGRAM

Treat yourself to a day of professional development and personal enrichment in the company of ministerial peers.

This workshop will cover the topic of supervision from three needs of spiritual directors: education, consultation, and stewardship.

The goal will be to help people to look compassionately at their ministry as spiritual directors and consider how supervision can help them to grow in both the art and skills of this ministry.

Tools for self-supervision and supervision in peer groups will be presented and practiced. Each participant is asked to bring a one paragraph summary of a recent spiritual direction session.

Lucy Abbott Tucker has worked in adult formation and the preparation of people for the ministry of spiritual direction for the past thirty-four years. With an initial background in mathematics and education in 1983 she studied at the Institute for Spiritual Leadership and Catholic Theological Union, Chicago where she obtained a Masters Degree in Theology. She worked for many years at the Institute for Spiritual Leadership in Chicago and recently served as President of the Board of Directors for that organization. Lucy has been active in the work of Spiritual Directors International, serving on the first Coordinating Council and chairing the initial committee that prepared the Guidelines for Ethical Conduct endorsed by Spiritual Directors International. She also worked on the recent revisions of that document. She is a frequent presenter at the annual meetings of Spiritual Directors International. In addition, Lucy has been involved in retreats and workshops throughout the United States, Europe, Australia, and Canada. Lucy has also published several articles on adult formation and the ministry of spiritual direction.

“Live Nearby, Visit Often: Focusing and the Spiritual Direction Process”, *Presence* 7.3, 2001

“Guidelines for Ethical Conduct: A Glance Backward, A Glimpse Ahead”, *Presence* 16.2, 2010

Embracing the Wisdom of the Body, Feelings and Spiritual Direction, Sacred is the Call, 2005, pp. 101-109.

“Called and Trained: The mission of spiritual direction and the training of directors”, *Journal for Supervision and Training*, 2006

Place: Sisters of St. Joseph, 631 Cambridge Street, Brighton, MA 02135

Cost: \$65; If you come to both Professional Days, November 1, 2017 and May 16, 2018, the total cost is \$115.

A \$10 non-refundable deposit will secure your registration after you are accepted.

A light lunch is included.

To Register

Please request applications from Joan McCarthy, CSJ at jmccsj@aol.com.

COORDINATING STAFF: Maureen Casey, SND, Joan M. McCarthy, CSJ