

PROFESSIONAL ENRICHMENT PROGRAM FOR SPIRITUAL DIRECTORS

Friday, March 29, 2019

10:15 AM - 3:00 PM

Presenter: Margaret Silf



JOURNEYING THROUGH TURBULENT TIMES

This is an invitation to reflect on how the *Spiritual Exercises* can help us to navigate times of turmoil in our individual and our collective journeys without succumbing to cynicism or despair, and to be alongside others in times of both personal and global upheaval.

The workshop will focus on the key questions:

1. Where are our lives centered?
(First Principle and Foundation)
2. What is the dynamic and the cost of transformation?
(Third Week and the challenge of detachment)
3. What is Love asking of us amid the chaos?
(The call to deeper discernment and the *Contemplatio*)

See back page for more information on program & Margaret Silf.

Place: Sisters of St. Joseph, 631 Cambridge Street, Brighton, MA 02135

Cost \$65; a light lunch is included.

When you are accepted, a non-refundable deposit will be requested

To Register

Please request application from spiritual.ministries@csjboston.org

Margaret Silf was born and brought up in Sheffield, England and now lives in Staffordshire. She holds a BA degree in English from London University and an MA from Keele University. She has a daughter and two grandchildren.

After working as a translator in Germany, she was employed as a technical author in the IT industry until 2000, when she left regular employment to devote herself to creative writing, and accompanying others on their spiritual journey through retreats, workshops and days of reflection. She is the author of a number of books for contemporary pilgrims searching for a spiritual way, including *Landmarks* (published in the USA as *Inner Compass*), *Roots and Wings*, *Sacred Spaces*, *The Other Side of Chaos*, *Hidden Wings*, *Born to Fly*, *Simple Faith* and two collections of *Wisdom Stories*. For several years she was a regular columnist with *America* magazine. Her faith journey has been very much shaped by Ignatian spirituality, and she has been trained by the Jesuits of the Irish and British Province in prayer accompanying and retreat giving.

Margaret travels extensively at home and overseas. She feels at home “on the road”, describing herself as a ‘boundary dweller’, discovering deep spirituality in those both within and beyond the traditional “church”. She is passionate about making Christian spirituality accessible and attractive to modern pilgrims and relevant to everyday life in the 21st century.

PROGRAM FORMAT

This opportunity will provide time for input, sharing, prayer and socializing for all who are involved in individual spiritual direction and/or directed retreats.

There will be three presentations
and opportunities for small group work.

Treat yourself to a day of professional development
and personal enrichment in the company of ministerial peers.

COORDINATING STAFF: Maureen Casey, SND, Joan M. McCarthy, CSJ

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St. Joseph Spiritual Ministries
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