

# PROFESSIONAL ENRICHMENT PROGRAM FOR SPIRITUAL DIRECTORS

**Thursday, November 7, 2019**

**10 AM - 3 PM**

**Presenter: Lucy Abbott Tucker**



## *The Spiritual Journey: Desire, Resistance and Occasional Stubbornness*

Using input, personal reflection, art, poetry and journaling, this workshop will provide an opportunity for you to reflect first on your own spiritual journey.

Then, there will be an opportunity to consider how desire, resistance and stubbornness are attitudes that need attention as you journey with another in the spiritual direction relationship.

**See back page for more information on Lucy Abbott Tucker.**

**Place:** Sisters of St. Joseph, 631 Cambridge Street, Brighton, MA 02135

**Cost \$65;** A light lunch is included.

When you are accepted, a non-refundable deposit will be requested.

## **To Register**

Please request applications from [spiritual.ministries@csjboston.org](mailto:spiritual.ministries@csjboston.org).

**Lucy Abbott Tucker** has worked in adult formation and the preparation of people for the ministry of spiritual direction for the past thirty-four years. With an initial background in mathematics and education in 1983 she studied at the Institute for Spiritual Leadership and Catholic Theological Union, Chicago where she obtained a Master's Degree in Theology. She worked for many years at the Institute for Spiritual Leadership in Chicago and recently served as President of the Board of Directors for that organization.

Lucy has been active in the work of Spiritual Directors International, serving on the first Coordinating Council and chairing the initial committee that prepared the Guidelines for Ethical Conduct endorsed by Spiritual Directors International.

She also worked on the recent revisions of that document. She is often a presenter at the annual meetings of Spiritual Directors International. In addition, Lucy has been involved in retreats and workshops throughout the United States, Europe, Australia, and Canada.

Lucy has also published several articles on adult formation and the ministry of spiritual direction.

“Live Nearby, Visit Often: Focusing and the Spiritual Direction Process,”  
*Presence* 7.3, 2001

“Guidelines for Ethical Conduct: A Glance Backward, A Glimpse Ahead,”  
*Presence* 16.2, 2010

Embracing the Wisdom of the Body, Feelings and Spiritual Direction,  
*Sacred is the Call*, 2005, pp. 101-109.

“Called and Trained: The mission of spiritual direction and the training of directors,” *Journal for Supervision and Training*, 2006

## **PURPOSE OF PROGRAM**

Treat yourself to a day of professional development and personal enrichment in the company of ministerial peers.

**COORDINATING STAFF:** Maureen Casey, SND, Joan M. McCarthy, CSJ



**St. Joseph Spiritual Ministries**  
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