

St. Joseph Spiritual Ministries
71 Walnut Park
Newton, MA 02458



ST JOSEPH SPIRITUAL MINISTRIES INVITES YOU TO MAKE AN 8- DAY, 7-DAY OR 4-DAY SILENT DIRECTED RETREAT VIA ZOOM

In the safety and quiet of your home or special place for prayer, your director will accompany you for one-on-one sessions each day in listening to the movement of God's activity in your life.

A typical retreat begins with a brief session between you and your director to agree on times to meet each day and an offering of some points for prayer from the director to begin your retreat. For the length of your retreat, each day will include individual meetings of 45 – 60 minutes to share your experience of prayer and God's activity in your life.



Photo by Rosemary Brennan, used with permission.

Directed retreats can easily be adapted to meet your needs and schedule.

If you would like to make a retreat of any length and do not see dates that work with your schedule, please feel free to suggest alternate dates and we will do our best to find a director to meet with you.

Fees for the retreats

8-day Retreat: \$315

7-day Retreat: \$275

4-day Retreat: \$160,

with a deposit of \$125 due upon acceptance of application.

6-Day or less Retreat

May 18 to 24, 2021

Joan McCarthy, CSJ

8-Day or less Retreat

June 4 to 12, 2021

Joan McCarthy, CSJ

7-Day or less Retreat

June 20 to 27, 2021

Rosemary Brennan, CSJ and Alice Poltorick

7-Day or less Retreat

June 26 – July 3, 2021

Kathy Hagerty, CSJ and Alice Poltorick

8-Day or less Retreat

July 16 to 24, 2021

Joan McCarthy, CSJ

8-Day or less Retreat

August 6 to 14, 2021

Joan McCarthy, CSJ

For an application, e-mail spiritual.ministries@csjboston.org.

For more information, call 781-227-4730.

OUR DIRECTORS

Rosemary Brennan, CSJ

Rosemary Brennan, CSJ is a Sister of St Joseph of Boston who deeply values the ministry of spirituality and is enthusiastic about directing and mentoring others into this meaningful ministry. She is a seasoned spiritual director and retreat presenter who received a Master of Divinity from Weston Jesuit School of Theology and a Master of Education from Boston University. Rosemary is a supervisor in the Post-Master's Certificate of Spiritual Formation at Boston College School of Theology and Ministry and has done individual and group supervision of spiritual directors. She has directed and presented numerous retreats throughout the United States and was the Director of the St Joseph Retreat Center in Cohasset for eleven years. More recently, she served on her Congregation's leadership team. She is presently involved with the St. Joseph Spiritual Ministries.



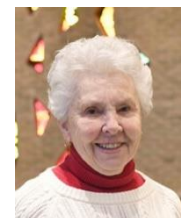
Kathleen Hagerty, CSJ



Kathleen Hagerty, CSJ is a Sister of St. Joseph of Boston. She holds a M.A. in Religious Education and a M.A. in Christian Spirituality from Creighton University, Omaha, Nebraska. She is also a NACC Certified Chaplain. Kathleen is also certified as a Mid-Life Directions Consultant, an international group who conducted aging programs for mid-life and older adults throughout the U.S. and abroad. Kathleen has been an educator, administrator and an Interfaith Chaplain for the State of Massachusetts in an in-patient clinical setting. Currently, Kathleen is a pastoral educator and conducts aging and spirituality workshops as well as Spiritual Direction and Retreats in the New England area.

Joan M. McCarthy, CSJ

Joan M. McCarthy, CSJ has been ministering in spirituality programs since 1973. She ministered full-time at Gonzaga Retreat House in East Gloucester for approximately seven years, at an ecumenical, residential treatment center in Canada for two years, and at St. Joseph Retreat Center in Cohasset for about fourteen years. Presently Joan is part of St. Joseph Spiritual Ministries and continues to offer spiritual direction, supervision, directed retreats, professional development programs for spiritual directors and co-directs a training program in spiritual direction.



Alice Poltorick



Alice Poltorick has a certificate in spiritual direction from the Franciscan spiritual direction training program at St. Anthony Shrine and an MBA from Boston College. She has served as director of communications for the Sisters of Mercy, as provincial assistant for the Jesuits, and as a communications consultant with the Sisters of St. Joseph. Alice's community involvement includes mentoring in the CLA program, facilitating retreats with the Ignatian Spirituality Project, and leading meditation workshops with *More Than Words*. Alice's experience with Ignatian spirituality deepened during her work with the Jesuits and especially with The Jesuit Collaborative. She has made the Spiritual Exercises in the 19th Annotation format and on a 30-day retreat at Eastern Point. Alice is a member of St. Joseph Spiritual Ministries' Advisory Board.